

# W2G@BCC

Weigh2Go@Ballycran  
Community Complex



## £10 FOR 4 WEEKS

### ENJOY THESE BENEFITS

- Weekly weigh-in
- Walk of the month
- Nutritional information/tips
- Update channel
- Healthy recipes
- Monthly awards
- Fitness videos
- And more!

**SIGN UP NOW!**

Simply fill in the form  
on the back of this  
flyer



**WANT MORE INFO?**

CONTACT JOAN GILMORE  
07220 662215

CONTACT UNA GILMORE  
07934 553600

# Weigh 2 Go Registration Form



Name: \_\_\_\_\_

Mobile Number: \_\_\_\_\_

Date of Birth \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Do you consent for your photograph to be taken for media purposes? Yes / No

Is there any material information you believe we should be aware of when participating in this weight loss programme e.g. medical conditions? Yes / No

NEXT OF KIN: Name: \_\_\_\_\_

NEXT OF KIN: EMERGENCY Contact number: \_\_\_\_\_

## PLEASE SIGN

*I understand I have the responsibility to work within my own limitations and the above information is true and correct to the best of my knowledge and belief.*

SIGNATURE \_\_\_\_\_ Date \_\_\_ / \_\_\_ /2020

*I assume full and complete responsibility for any injury or accident, which may occur while I am travelling to or from Weigh2Go, during the event or while I am on the premises of the event. I also am aware of all risks associated with participating in this event, including but not limited to falls or accidental contact with other participants. I agree that no liability whatsoever shall be attached to St Joseph's GAA Club, Ballycran or any member of St Joseph's GAA Club, Ballycran in respect of any injury, loss or damage suffered by me in or by reason of the event, howsoever caused.*

*The GAA Injury Benefit Fund does not cover participants in Weigh2Go.*

SIGNATURE \_\_\_\_\_ Date \_\_\_ / \_\_\_ /2020